

Here are 10 reasons why a smaller-sized program is so important.

1. Each student gets noticed: In a smaller class, it's more difficult for students to hide and get left behind. Fewer students means that each one gets attention from the teacher.
2. Better results: Research has shown that students in smaller classes do better in whatever they are certifying in and perform better on their exams in general. In Yoga Teacher Training, that translates to a student emerging as a better teacher, more capable, and more confident.
3. Learning is Enhanced: Not only do students learn more in small classes, they also learn faster. And this means the class progresses through the course material more quickly.
4. Teachers can teach: Teachers leading a smaller group have more opportunities to observe and assess the class as a whole—and the students as individuals.
5. Classes become a community: With fewer students per class, individuals can connect more closely with their peers and become more confident and comfortable when it comes to sharing their ideas and perspectives.
6. Opportunities to participate: Small groups mean fewer voices, and that means the students those voices belong to have more chances to speak up with their questions and their own particular issues..
7. Focus on learning: In any learning environment with a limited number of students, teachers can spend more time teaching the material and less time distracted with side stories and dramas.
8. More feedback: Teachers have more time to individualize their feedback, ensuring that each student understands the material, gets the help he or she needs, and is finding his or her voice as a teacher.
9. Students and teachers can work one-on-one: In smaller groups, students and teachers can often work together one-on-one, which gives teachers the opportunity to customize guidance to the particular needs of the students, and the students receive their instructors' and mentors' undivided attention.
10. Ideas are shared: With fewer students in a class, there is more time for them to share their own ideas, express their opinions, and describe their perspectives and where these come from—all of which enrich everyone's experience of what is being learned.